



## CAMP THUNDERBIRD

P. O. BOX 9  
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### Camp Thunderbird Meal Plan.

Please review, then select one of each meal for every day your group will be eating at Camp Thunderbird.

#### Breakfast; 7:00 AM

1. Pancakes, eggs, meat + fresh fruit
2. Biscuits + gravy, eggs, meat + fresh fruit
3. French Toast, eggs, meat + fresh fruit
4. Breakfast burritos with salsa + fresh fruit
5. Baked oatmeal with fresh fruit, yogurt + meat
6. Egg casserole, home fries, meat
7. Waffles, eggs, meat + fresh fruit

Coffee, water, juice, and cold cereal will be available every morning.

#### Lunch; 12:00 PM

1. Cheeseburger soup + dinner rolls
2. Enchiladas (chicken or beef) + salad
3. Hawaiian Ham sliders, + fresh vegetables
4. Taco soup + cornbread
5. Pulled pork sandwiches + coleslaw
6. Nacho bar/taco salad
7. Cold cut sandwiches + chips
8. Full salad bar
9. Ham salad sandwiches (if baked ham is selected for dinner)
10. Hamburgers + Hot dogs
11. Chicken, or beef quesadilla + salsa, beans

Chips and drinks will be served with each lunch.

#### Dinner; 5:00 PM

1. Baked chicken, vegetable + rice.
2. Grilled chicken + roasted potatoes
3. Chicken Alfredo + garlic bread
4. Meatloaf, mac n cheese + vegetable
5. Swedish meat balls, mashed potatoes + vegetable
6. Spaghetti
7. Baked Potato bar
8. Baked ham, mac n cheese, + vegetable
9. Lasagna + garlic bread

Salad, drinks and dessert will be served with each dinner.

Vegetarian options are available upon request.

If your group plans on arriving/leaving on a day where you only need 1 meal, please select accordingly.

Please let us know if there are any days where you want “sack lunch” or lunch to-go, and we will happily accommodate you.

**Please notify us of ANY food allergies, or sensitivities so we can prepare accordingly.**

Options such as which meat will be served at breakfast etc. will be chefs’ choice.

We will happily discuss meal times if you would like to change those.

Please list the number of the menu item you would like for each day below, and include the date 1<sup>st</sup> and 2<sup>nd</sup> choices. The 2<sup>nd</sup> choice is only used if the first choice is unavailable to be prepared.

Repeats are welcome. (Example;

Date	TUE 14		WED 15	
Choices	1st	2nd	1st	2nd
Breakfast	<b>1</b>	<b>7</b>	<b>1</b>	<b>5</b>
Lunch	<b>7</b>	<b>3</b>		
Dinner	<b>5</b>	<b>2</b>	<b>2</b>	<b>8</b>

))

Date														
Choices	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd
Breakfast														
Lunch														
Dinner														

If you have any questions regarding the meals, feel free to email or call us!